

If you are staying in hospital it is not always possible for us to inform you and your relative of the post operative ward. Your relative or friend can ring us later in the day and we will be able to advise them of your ward and visiting times.

Day case discharge home

You will stay on SAL until you have recovered sufficiently for a safe discharge home. Your escort home will have been given an approximate time to enquire about your discharge time. If there is any change the nursing staff will try to let them know.

Once ready, you will be given written information relating to your recovery and specialised instructions as applicable. Your GP practice will be informed of your admission and operation via email, enabling them to further support your recovery at home.

We hope this information has been helpful to you. It is by no means comprehensive, so if you have any queries please do not hesitate to contact us on the numbers below, or on your admission.

Sister Sandra Hayes and the SAL team

Contact information

Surgical Admission Lounge Lincoln 01522 573144 or 573089

The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille please email the Patient Information team at patient.information@ulh.nhs.uk

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Welcome to the Surgical Admission Lounge (SAL)

Lincoln County Hospital
01522 573144 or 573089

www.ulh.nhs.uk

Welcome to the Surgical Admission Lounge (SAL)

SAL admits patients for surgery that are expecting a stay in hospital and provides nursing care for a number of day case patients in our trolley area.

Please bring your regular medications and a set of nightwear including dressing gown and slippers. Do not bring any valuables into hospital with you.

Admission

Your operation date may need to be changed at short notice for a variety of reasons. You may be contacted the afternoon before your operation date, so please check your messages.

Patients are called for admission in order of their position on the operating list. Your patience in waiting for admission is appreciated. Please ask to speak to the co-ordinator if you are concerned.

Your nurse will complete your admission documentation and ensure you are prepared for your procedure. You will also be seen by the anaesthetist and in most instances, the surgeon. We are all happy to answer any questions you may have, so please feel free to ask. If we do not know the answer we will find out for you.

Visiting

SAL permits open visiting as long as the ward area remains quiet and relaxed to support all patients' privacy and dignity and enable you to get maximum benefit from your post operative rest and recovery time. This ensures you will be able to return home as soon as possible.

Patients are restricted to one or two visitors at the same time. Please do not be offended if a nurse asks you to wait in SAL reception. This is to support the privacy and dignity of all patients.

Arrival

Please report to SAL reception. Reception opens at 7.30am and closes at 5pm.

Your operation

The order of your operating list may change on the day according to individual requirements. It is therefore not always possible to guarantee an exact time for your operation. When you are required to go to theatre a member of SAL or theatre staff will escort you.

If you are first on the list you may get changed at a trolley space prior to going to theatre. Otherwise you will get changed in the theatre changing room.

Your property will be locked away either in SAL or Theatre and will be returned to you after your operation. Please do not bring a large suitcase as this cannot be stored securely.

After your operation

If you are having day case surgery your nurse will collect you from the recovery area and escort you back to SAL in a chair or on a trolley. You will have your blood pressure, pulse and temperature checked and any other observations necessary will be taken. This will be repeated and if satisfactory you will be able to transfer to a comfortable chair and given a hot or cold drink and toast or biscuits.